

The Pantry café

Passionate About Food

Find us on Social Media @ThePantryCafeNenagh

Kick Start Breakfast

Served 8.00-11.30
Saturday 8.00-12.15

The Works: bacon, sausages, black pudding, eggs, handmade potato cake €10.70

The Mini: bacon, sausages, black pudding & egg €9.70

The Veggie Sunrise: scrambled eggs, roast cherry tomato, mushrooms & handmade potato cake €10.70

The Vegan: grilled mozzarella on sourdough with avocado & roast cherry tomato €10.70

Eggs & Sourdough: €10.70

- Poached eggs with smashed avocado, feta, balsamic glaze & grilled sourdough
- Poached eggs with avocado, bacon & grilled sourdough
- Poached eggs, with bacon, hollandaise & sourdough
- Eggs Benedict with smoked salmon & sourdough
- Scrambled eggs with smoked salmon & roast cherry tomato

Buttermilk Pancakes €10.70

- Pancakes with crispy bacon & maple syrup
- Blueberry pancakes with mixed berry compote, Greek yogurt & maple syrup

All of the above breakfasts include a Hot Beverage

c) Pancakes with lemon or Nutella €6.00

Flahavan's Porridge: served with fruit compote & honey €5.00

Acai Bowl: mixed selection of berries & banana blended & topped with banana, multi-seeds & berries €5.00

Granola: served with fruit compote & Greek yoghurt €5.50

Brioche: French toast & maple syrup €6.00

Bacon Butty: with relish €5.00

Scrumptious Flaky Sausage Roll: with relish €2.80

Breads: €2.80

Local sourdough, The Pantry Soda, Quigley's white or brown toasted Porridge & Yogurt bread GF

Scones: €2.80 **Muffins:** €2.80

Plain	Mixed berry
Fruit	Carrot & walnut
Brown with sesame	Fresh muffins & small cakes daily

Side Orders:

Daly's smoked salmon	€3.00	Avocado	€1.80
Crowe's bacon	€2.20	Potato cake	€1.20
Una Dwyer sausage	€2.20	Eggs	€3.00
Clonakilty black pudding	€2.20	Hollandaise sauce	€1.80

Juices €4.00

Morning Boost - Orange, Apple, Pineapple

Bug Lightyear - Orange, Apple, Ginger, Lime

Karmine Fresh Apple Juice €3.00

Smoothies €4.00

Strawberry Gold - Strawberry, Banana, Low-Fat Yogurt, Fresh OJ*

Ruby Raspberry - Raspberry, Banana, Low-Fat Yogurt, Fresh OJ*

Berry Fusion - Blackberry, Blueberry, Raspberry, Blackcurrant, Redcurrant, Strawberry, Banana, Low-Fat Yogurt, Fresh OJ*

Skinny Cow - Organic Yogurt, Muesli, Banana, Low-Fat Milk, Tipperary Honey

Ask about our Protein Shakes

*Tipperary Honey Option

Coffees

Italian Espresso €2.60

A shot of intensely flavoured coffee

Cappuccino €3.00

A chance for your favourite barista to show off

Americano €2.60

Linger over a longer lighter espresso

Café Mocha €3.00

French chocolate conspires with Italian coffee to seduce your palate

Viennese Cappuccino €3.00

We take the decadence of Café Mocha & cap it with cream

Café Latte €3.00

An Irish Italian marriage made in heaven

Cadbury's Hot Chocolate €3.00
Served with whipped cream & marshmallows

Teas

House Tea €2.10
(Tea Bag)

Speciality Teas €2.50
(Loose Tea Leaves)

Earl Grey Blue, China Yunnan Green, Butterfly Touch, Peppermint, Breakfast Tea

Please note we take great care to inform you of the allergens in our food (please ask your server for booklet) due to the nature of our business, we cannot guarantee that foods will be free from other allergens present in our kitchen environment & surroundings.

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Outside Catering

Why Stress?

Let The Pantry Café provide for all your catering worries

All budgets catered for

Why not call or talk to Gráinne to discuss what you can afford

We will try to accommodate your every need

Find a copy of our outside catering menu at the till above, on our website or on our social media

Everything from:

Christenings/Communions/Confirmations

Breakfast on your wedding day

Food for a weekend away

Office lunch delivery

Corporate lunches

Stags/Hen Parties

From hot food such as bourguignon, curry and stew to cold foods such as sandwiches/wraps, cold platter of meat/fish, finger food such as scones, sausage rolls, mini quiches, bread, soups and desserts.

Pick up a menu from the counter,
view it on our website or social media
to find out more!!!

Origins

Supporting local with the freshest ingredients

Cheese - sourced in Tipperary

Fish - Daly's, Cahersiveen, Kerry

Bacon - Crowe's Farm, Dundrum, Tipperary

Sausages & Sausage Meat - Una Dwyer, Tipperary

Sourdough Bread - Crafted Crust, Toomevara, Tipperary

Find us below



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www.thepantrycafe.ie



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