

*Welcome
Back!*

Lunch

12.00 to 4.00 Mon, Tues, Thurs, Fri, Sat



In The Soup €5.00

Chef's Inspiration (c) See board for details

Fresh Homemade Tomato & Basil (v)

Served with a choice of ciabatta, homemade brown bread, The Pantry's gluten free porridge bread or garlic bread

Pasta Also available (v) €13.00

Pantry Pasta - Irish chicken, crispy bacon, sun-blushed tomatoes in white wine sauce, served with garlic bread

Pasta Carbonara - Linguine and smoked bacon, in a creamy carbonara sauce, served with garlic bread

Asian Chicken Noodle Stir Fry - Flavours of fresh ginger, garlic, chilli & soya sauce

Smaller portions available for €11.00

Warm Salads €13.00

Warm Oriental Chicken - On baby leaves, sun-blushed tomatoes, roasted pepper, red onion & The Pantry's satay sauce

Caesar Salad - Chicken and bacon, cos lettuce tossed in delicious creamy Caesar dressing

Salmon Fishcakes - Fresh salmon, local herbs, scallion champ in a light golden breadcrumb, served with Thai sweet chili dressing, house fries & a choice of two salads from our deli bar

(All of our sauces above are available from our deli to take home)

Cold Salads €13.00

A wide selection of fresh salads from our Deli Bar with a choice of

Quiche of the Day	Daly's Smoked Salmon
Crowe's Baked Ham	Golden Goats Cheese Balls
Roast Breast of Turkey	Golden Parmesan Chicken Goujons

Light Bites Only available Friday & Saturday

Served with house salad or fries €7.95

2x Mini Beef Sliders

Spinach & Cream Cheese Strudel

Parmesan Chicken Goujons with Chilli Dip

Chicken Wings Hot & spicy with Town Tine Harmony sauce

Extra bit on the side

Large portion of house fries €4.00

Choice of two salads from the deli bar €3.60

Hot Belly Experience €7.80

On ciabatta/sourdough

Served with our delicious Summer salad

Tuna Melt - Tuna, mature cheddar, red onion, mango mayo

BBQ Chicken - Roast breast of chicken with Cooleeney Camembert cheese & BBQ sauce

The Italian Job - Parma ham, peppered salami, local mozzarella, sun-dried tomato & basil pesto mayo

The Big Bird - Turkey, stuffing, mature cheddar, cranberry sauce & Dijon mayo

Bacon Butty - Bacon, two fried eggs & The Pantry's relish

Our Signature Sandwiches

On Quigley's bread or The Pantry's gluten free porridge loaf

Chicken Salad - Avocado & basil pesto mayo with mixed leaves €5.50

Classic Club - Breast of chicken, smoked bacon, sliced tomato, egg mayo & mixed leaves €5.50

Get Stuffed - Turkey, stuffing, cranberry sauce, mature cheddar with Dijon mayo €5.50

Farmers Market - Crispy bacon & egg mayo €5.50

Deli Delight - Ham, coleslaw, tomato, red onion & mixed leaves €5.50

Perfect Hen (v) - Egg mayo & fresh chive €4.30

Toasted and cold sandwiches of your choice are also available on request

Our Signature Wraps €7.80

Wheat & gluten free available

Served with our delicious Summer salad

Caesar - Chicken, bacon, cos leaves tossed in our delicious creamy Caesar dressing

Coronation Chicken - Chicken tossed in our mayo mango chutney & mixed leaves

Veggie (v) - grilled cheese with basil pesto, roasted peppers & sun-blushed tomato

Children's Corner €7.00

All of our main dishes can be served in small portions

Pantry Pasta

Goujons & Chips

Sausage, Beans & Chips

Drinks



Espresso yourself with a Coffee

Americano €2.90

Linger over a longer lighter espresso

Italian Espresso €2.90

A shot of intensely flavoured coffee

Cappuccino €3.30

A chance for your favourite barista to show off

Café Mocha €3.30

French chocolate conspires with Italian coffee to seduce your palate

Viennese Cappuccino €3.30

We take the decadence of Café Mocha & cap it with cream

Café Latte €3.30

An Irish Italian marriage made in heaven

Iced Latte €3.30

An Irish Italian marriage made in heaven

Cadbury's Hot Chocolate €3.30

Served with whipped cream & marshmallows

Got Milk!

Choose from dairy, soya, oat, hazelnut or almond

Feeling saucy? .30ç

Add a shot of flavoured syrup - caramel, hazelnut or vanilla

Tea-rrific!

House Tea €2.50

(Tea Bag)

Speciality Teas €2.80

(Loose Tea Leaves from Tea4You)

Earl Grey Blue

China Yunnan Green

Butterfly Touch

Peppermint

Breakfast Tea

Make it Boozy!

White Wine 7.00

Realce Sauvignon Blanc tropical notes that compliment lemon & lime, medium bodied, full of life

Pinot Grigio citrus notes, fresh & alive with flavour

Goose Beret Sauvignon Blanc full & rich with intense gooseberry & citrus flavours with a crisp finish

Chivite Las Fincas Rose "Arzak" very fruity, notes of pomegranate, cherry and strawberry with a delicate smooth floral finish

Cresta Rosa lightly Sparkling Rosé

Prosecco Frizzante Bollicine Regiana NV full of crisp peach fruit with honey & melon on the nose & long lasting bubbles (vegan friendly)

Red Wine 7.50

Tor Del Colle Montepulciano d'Abruzzo Riserva rich blackberry & cherry flavours with a hint of liquorice, full bodied, smooth & warm

Les Bourgarels Pinot Noir 2017 classic, juicy with flavours of raspberry & cherry, velvety palate

Finca Las Moras Barrel Select Malbec sweet plum & blackcurrant fruit with a creamy chocolately palate

Juice be yourself! 4.00

Morning Boost - Orange, Apple, Pineapple

Bug Lightyear - Orange, Apple, Ginger, Lime

Strawberry Gold - Strawberry, Banana, Low-Fat

Yogurt, Fresh OJ

Ruby Raspberry - Raspberry, Banana, Low-Fat

Yogurt, Fresh OJ

Berry Fusion - Blackberry, Blueberry, Raspberry,

Blackcurrant, Redcurrant, Strawberry, Banana, Low-Fat

Yogurt, Fresh OJ

Skinny Cow - Organic Yogurt, Muesli, Banana, Low-Fat

Milk, Tipperary Honey

Karmine Fresh Apple Juice 3.50

Freshly squeezed OJ 3.50